# VIRGINIA WING CIVIL AIR PATROL COVID-19 SCREENING QUESTIONNAIRE (UPDATED4/21)

## PART 1: SCREENING QUESTIONS (PLEASE RUN THROUGH ALL IN ORDER)

1. Have you tested positive for COVID-19?

If YES, go to Part 2. If NO, proceed to next question.

2. Have you been in "close contact" with anyone who has tested positive for COVID? (If you are fully vaccinated or have tested positive in the past 3 months and recovered, you do not need to quarantine and may proceed to Question 3.)

Close contact is defined by the CDC as contact within 6 feet for 15 minutes or more within 2 days of the onset of the infected person's symptoms. For Health Care Workers: Have you been exposed to anyone diagnosed with COVID while not wearing proper PPE?

If YES, go to Part 2. If NO, proceed to next question.

3. Take your temperature. Do you have a fever of 100.4 or above?

If YES, go to Part 2. If NO, proceed to next guestion.

- 4. Do you have any of the following symptoms that are not explained by a current non-contagious medical condition?
  - new or worsening cough
  - shortness of breath or difficulty breathing
  - · muscle or body aches
  - fatigue
  - chills
  - new loss of taste or smell
  - sore throat/congestion/runny nose
  - headache
  - nausea/vomiting/diarrhea

If YES, go to Part 2. If NO, proceed to the next question

5. Have you recently traveled outside of Virginia and are not fully vaccinated\*\*? (If you are traveling for mission-essential reasons, you may be exempt. Please contact your IC or Wing Commander)

If YES, go to Part 2.

If you've replied "NO" to all of these questions, there should be NO problem with you attending your inperson activity. Please continue to wash your hands, wear a mask and follow social distancing guidelines even if you are fully vaccinated\*\*.

#### PART 2: FURTHER INFORMATION FOR "YES" ANSWERS

# "YES"- Question 1:

Per the CDC, you can be around others after

- 10 days since symptoms first appeared and
- 24 hours with no fever without the use of fever -reducing medications and
- Other symptoms of COVID-19 are improving\*

\*Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation

#### "YES"- Question 2

Wait 14 days after your last exposure before resuming in-person activities.

## "YES" - Question 3:

You may be at risk of COVID infection and may not participate in the current activity. For all fevers, 24 hours must pass since the last fever without the use of fever-reducing medications (like Advil or Tylenol).

## "YES" - Question 4:

Stay home and seek the guidance of your medical provider. See the information for "YES"-Question 1 if you think you may have COVID

## "YES"-Question 5:

If you have not been fully vaccinated\*\*, wait 7 days after the date of your return before attending in-person activities.

\*\*Fully Vaccinated means that 2 full weeks have passed since your final dose (J&J requires only one dose). While fully vaccinated people do not need to quarantine following travel, the CDC still recommends that they wear masks and practice social distancing unless with other fully vaccinated people. Fully vaccinated people do not have to quarantine if they come into contact with someone with COVID.